

THE YOUTH'S PROMISE

- I will never give out any personal information, such as my address, phone number, password or photograph, without the permission of my parents.
- I will tell my parents if I am threatened or see images/text on the Internet that make me uncomfortable.
- I will respect the conditions established with my parents regarding when and for how long I can use the Internet and chat online.
- I will not write or forward threatening, unkind or disrespectful e-mails, instant messages, or postings on websites or blogs.
- I will never make an appointment to meet someone I met on the Internet without the permission of my parents.
- I will get my parents' permission before filling out forms for any contests, free stuff or online services.
- I will never buy something online or download anything without first obtaining my parents' permission.
- I will remember that virtual friends can pretend to be someone they are not. They can lie about their age, whether they are a boy or a girl, their interests, their personality, their job, or anything else.

Youth's signature



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THE PARENTS' PROMISE

- I will respect this agreement and take the necessary measures to ensure the Internet is used safely by myself and my child.
- I will take an active interest in my child's online experience and learn to become acquainted with the websites and services he/she visits and uses.
- I will set reasonable rules regarding use of the Internet, and will respect my child's Internet time.
- I will not use the computer as a babysitter for my child, but will instead try to use the Internet as a family activity.
- I will learn to acquaint myself with my child's cyber friends the same way I do with his/her other friends.
- I will be supportive, understanding and will not react in a negative fashion if my child is having problems online.
- I will help my child choose his/her screen name, e-mail address and/or instant message name, making sure they don't reveal age, sex, or hobbies, and aren't suggestive/sexy.
- I will make sure that any computers in our house are in a high-traffic area, such as the kitchen or family room.

Parents' signature

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